

Therapist Bios

Angelika Timmerman, MEd, RCC
Registered Clinical Counsellor



Angelika is a Registered Clinical Counsellor who has provided individual counselling services to youths and adults for a variety of identified issues including: grief and loss, trauma, anxiety, life transitions, etc.

She has also co-facilitated groups on topics including, (for adults): attachment, trauma, grief & loss, communication & relationship conflict; and (for youths): anxiety, self-esteem issues, bullying & peer pressure, sex-related issues & suicide prevention. Angelika's clinical work experience includes Private Practice as well as working with Community Agencies.